

MANITOBA
ASSOCIATION OF



Optometrists

SPRING CONVENTION

**APRIL 11-12, 2025
FAIRMONT WINNIPEG**



**CONTINUING
EDUCATION**



AGM



CPR

Register online at www.optometrists.mb.ca

Spring CE is April 11-13, 2025 at Fairmont Winnipeg. Room reservation is now open and available through March 10, 2025. Room Rate is \$189 + taxes. Phone 204-957-1350 or 1-866-540-4466.

UP TO 12.5 C

CONTINUING EDUCATION PROGRAM



April 11-12, 2025

FAIRMONT WINNIPEG

Friday, April 11, 2025

SEE BRILLIANTLY
all day, with DeLuca's Coffee Cart
Sponsored by

Alcon



- 8:30-9:00am Breakfast Buffet**
- 9:00-10:00am Exploring the Autoimmune Diseases: A Systemic Approach Part 1 - Lonsberry**
This lecture provides an in-depth exploration of autoimmune diseases and their ocular complications. It focuses on the diagnosis, management, and treatment of various autoimmune disorders that pose significant challenges to both patients and clinicians.
- 10:00-11:00am Exploring the Autoimmune Diseases: A Systemic Approach Part 2 - Lonsberry**
This lecture provides an in-depth exploration of autoimmune diseases and their ocular complications. It focuses on the diagnosis, management, and treatment of various autoimmune disorders that pose significant challenges to both patients and clinicians.
- 11:00-11:15am Coffee Break**
- 11:15-12:15pm Cornea Don't Feel, Cornea Don't Heal - Leung, Sponsored by SunPharma**
There is a critical relationship between corneal sensation and wound healing. Corneal nerve dysfunction can impair recovery from injury or surgery. This session highlights the vital connection between corneal sensation and healing, equipping clinicians with knowledge to diagnose and manage corneal nerve dysfunction effectively.
- 12:15-1:30pm Buffet Lunch & Years of Service Awards**
- 1:30-2:30pm Top 10 Medications and Their Ocular Side Effects - Lonsberry**
This lecture explores the ocular side effects of commonly used medications, both topical and systemic. It aims to help clinicians recognize potential vision-related complications associated with these drugs.
- 2:30-3:30pm Corneal Transplants and Cross Linking with a Side of Keratoconus - Levi**
This lecture explores the management of keratoconus, focusing on corneal transplants and cross-linking as key treatment options. It provides an in-depth look at disease progression, modern interventions, and patient outcomes.
- 3:30-3:45pm Coffee Break**
- 3:45-4:45pm Practice Pearls for Advance Scope Procedure - Leung, Sponsored by SunPharma**
This session equips practitioners with valuable skills and confidence to incorporate advanced scope procedures into their clinical practice effectively.

Wrap up your day in our hospitality suite, the Royal Alexandria!



CONTINUING EDUCATION PROGRAM



April 11-12, 2024

FAIRMONT WINNIPEG

Saturday, April 12, 2025

8:00-9:00am **Breakfast Buffet**

8:30-9:30am **Magnifying the Mysteries of the Macular Hole - Mak, Sponsored by Bayer**

Join one of Manitoba's newest Ophthalmologists, Dr. Micheal Mak, a retinal-vitreous specialist, as he shares his knowledge from his speciality.

9:45-12:30am **ANNUAL GENERAL MEETING**

12:30-2:00pm **MAO/MPOA Joint Luncheon**

2:00-5:00pm **CPR Training**

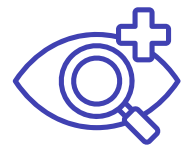
Due once every reporting period - regardless of what the certificate is dated for expiry. Current reporting period 2025-2026. Must complete CPR before December 31, 2026.

OR

Dilation & Irrigation Workshop - Nguyen, Sponsored by Innova

This interactive session provides both theoretical knowledge and practical experience in ocular dilation and irrigation, essential procedures for comprehensive eye care. This session ensures participants leave with both theoretical understanding and practical proficiency in ocular dilation and irrigation, enhancing their clinical skill set.

*Limit 40 attendees, first come first serve registration.



***Cost for CPR and Workshop are not included in Early Bird or Full CE pricing.**

Thank You to our generous sponsors

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Featured Speakers



Dr. Blair Lonsberry grew up in Rosburn, Manitoba (Canada). He obtained his Optometry degree from the University of Waterloo in 1996 after completing a Master of Science in Physiology from the University of Manitoba. He completed his residency in Primary Care Optometry from the Illinois College of Optometry in 1997, then joined the faculty at Southern College of Optometry in Memphis, TN. During his time at SCO, he completed a Masters in Education degree with an emphasis in adult learning. Currently, Dr. Lonsberry is a Full Professor with Pacific University College of Optometry in Oregon where his primary teaching responsibilities are supervising interns and overseeing a specialty "lumps and bumps" clinic. In his spare time, he goes to Anchorage, Alaska where he sees patients in a private practice. Dr. Lonsberry is a Diplomate of the American Board of Optometry, a Fellow of the American Academy of Optometry, the Optometric Retinal Society, and the Optometric Glaucoma Society.



Dr. Sophia Leung is the Principal Optometrist and a Clinical Director at Seema Eye Care Center, a tertiary surgical center in Calgary, Alberta. Dr. Leung has a clinical emphasis in medical cornea and advanced glaucoma. Dr. Leung is a University of Waterloo alumni. She also completed an Ocular Disease and Refractive Surgery Residency and an Advanced Glaucoma and Cornea Fellowship with Oklahoma Medical Eye Group. Dr. Leung is the current President of the Alberta Association of Optometrists, a Diplomate of the American Academy of Optometry in the Anterior Segment Section, a Fellow and board member of the American Association of Optometric Surgeons, and a Fellow of the Canadian College of Specialties in Optometry. Dr. Leung is also Adjunct Faculty for Northeastern State University College of Optometry and University of Waterloo School of Optometry and Vision Sciences.



Dr. Jeremy Levi completed a Bachelor of Science with Distinction at the University of Manitoba, where he had a focus on Microbiology and Biological Sciences. He also completed both his Medical Degree and Ophthalmology Residency at the University of Manitoba, where Dr. Levi served as Chief Resident for the 2020-2021 Academic Year. Following this, Dr. Levi underwent fellowship training in Cornea and External Diseases at the University of British Columbia, where he was trained under the guidance of Dr. Simon Holland. Dr. Levi was nominated by his peers to serve as Chief Fellow during this period. Dr. Levi's surgical specialties include LASIK surgery, CXL + T-PRK, Corneal Cross-Linking (CXL), Refractive Lens Exchange (RLE), and Phakic Intraocular Lens Insertion. He also specializes in Corneal Transplantation and is the Provincial Expert in Descemet's Membrane Endothelial Keratoplasty (DMEK).



Dr. Diana Nguyen, OD, received her Honours Bachelor of Science in Biochemistry at McMaster University and then completed her Doctor of Optometry at the University of Waterloo. She practices full scope optometry with a keen interest in dry eye and myopia control. Dr. Nguyen enjoys integrating the latest in dry eye technology for her patients in Winnipeg and she serves as a consultant for various companies such as Thea Pharmaceuticals, Sun Pharma and Labtician. She was also on the planning committee for the Dry Eye Summit - a Canadian conference that centered on ocular surface disease. While outside of the clinic, Dr. Nguyen is currently training in dance styles consisting of hip-hop, afro-beats, dancehall and heels - find her at Drop In Winnipeg!



Michael (Mike) Mak is a staff ophthalmologist in Winnipeg who completed a retina-vitrious fellowship at McGill and Ophthalmology residency at the University of Calgary. Originally from Hong Kong, he completed his undergraduate education in the Bachelor of Health Sciences Program at McMaster University and upon graduating, worked with Dr. Varun Chaudhary as a clinical research assistant. He then completed his medical degree from the University of Toronto and matched to Calgary for Ophthalmology Residency. Mike is co-author on multiple scientific publications and grants, and has also won the Physician Mentorship and Teaching Award in 2020 for his residency education initiatives in ophthalmology. He created Ophtho Explorer to help improve ophthalmic education and resources for other residents in Canada and across the world. Michael is a devoted educator and passionate about medical education where he has supported students formally and informally for over a decade.

REGISTRATION FORM

Optometrist Name _____

*ODs that are not members of MAO, please provide address, Ph#, and email



MANITOBA ASSOCIATION OF OPTOMETRISTS

217-530 Century St,
Winnipeg, MB R3H 0Y4
204-943-9811
www.optometrists.mb.ca

Breakfasts & lunches are complimentary for CE attendees, see below for guest prices.

Registrations received after Friday April 4th are subject to a \$50 late fee + GST

Friday April 11, 2025

8am Buffet Breakfast, member n/c, guest at \$25 _____

9am Autoimmune Disease, Part 1, Lonsberry
members/non-member \$60, New Grad Rate \$30

10am Autoimmune Disease, Part 2, Lonsberry
members/non-member \$60, New Grad Rate \$30

11am Corneas Don't feel, Corneas Don't Heal, Leung
members/non-member \$60, New Grad Rate \$30

12:15pm LunchBuffet, member n/c, guest at \$35 _____

1:30pm Top 10 Medications and Side Effects, Lonsberry
members/non-member \$60, New Grad Rate \$30

2:30pm Corneal Transplants and Cross Linking, Levi
members/non-member \$60, New Grad Rate \$30

3:30pm Practice Pearls for Advanced Scope, Leung
members/non-member \$60, New Grad Rate \$30

Saturday, April 12, 2025

8AM Buffet Breakfast, member n/c, guest at \$25 _____

9am Magnifying the Mysteries of the Macular Hole, Mak
members/non-member \$60, New Grad Rate \$30

9:45am-12:30pm Annual General Meeting

12:30pm Joint Luncheon with MPOA guest at \$35 _____

2pm Dilation & Irrigation Workshop, Nguyen
\$80 (not included with full CE) * Limit 40pp

2pm CPR (not included with full CE) \$60

Registration

● Step 1: Registration Form

Mail, email or fax your completed registration for to the MAO office
OR

register online at
www.optometrists.mb.ca

● Step 2: Payment

Mail your payment by cheque to the MAO office OR

Pay through CIBC, BMO, RBC, Scotiabank, TD, or most Manitoba Credit Unions* Find us listed as Manitoba Association of Optometrists or MB ASSOCIATION OF OPTOMETRISTS (depending on the bank).

Mail your payment by cheque to the MAO office OR

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Early Bird

\$380

until March 12

Full CE

after \$420
March 12

Subtotal _____

GST (5%) _____

Total _____

GST # 107660615RT00001

New Grads: flat rate \$240 +gst or \$30/hr

*CPR and workshop not included

Cheque payable to MAO enclosed OR Bank payment made on _____

*To pay through your bank, you will need your account number. Account numbers are M & your 3-digit MAO registration/membership number. If you don't know your membership number, contact the MAO office.

Special Dietary Requests: _____